

# Care Partnerships Australia NEWSLETTER

## New Standards

I acknowledge everyone reading this page and the journey you have been on as care providers. Supporting people with a diagnosis of dementia can be complex. The revised aged care standards provide a useful framework for care planning to support people living with a disability to be “living their best life everyday”.

Whether this is in their own home or when transitioning into an aged care residence, it’s easy to fall into the trap of focusing on the losses with the dementia journey - and certainly there are those losses.

But what if we were to focus on the strengths and abilities? Using this approach, I have seen the bright sparks of life when a person with dementia is feeling well supported, enabled, loved and accepted for who they are. Choice and enablement of risk for people living with a cognitive or physical disability remains an issue.

Valuing people is the heart of person centred care planning. Providing care can be personalized for people living with dementia when we use a strengths-based approach.


Dementia is a complex cognitive disability which brings substantial costs to individuals, families and society. In my experience in working with people with dementia, the negative impact on living well is mainly on a loss of their social needs, physical health, emotional needs, wellbeing and relationships.


The strain for their family carers cannot be underestimated. Carers are exceptionally valuable. I work with some amazing people however, they need coaching and training to manage communicating with their relative and understanding their complex needs. Person centred care and symptom control depends on the capacity and capability of the carers to recognise or report changes in their family member to a GP or nurse.

Care Partnerships Australia started in January 2018. We are a dementia consultancy service working within WA and ex-pats in Singapore and Malaysia.

Our work is with the PLWD and Interdisciplinary care teams in the community or RAC such as case managers, nurse practitioners, Allied Health, OT, nurses, carers and families.



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